



# World Association of Cultural Psychiatry (WACP)

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## Newsletter

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## Editorial

Dear Members

I Hope you enjoy reading the latest WACP newsletter. It has some fascinating conference reports and other news items. I am particularly touched by Dr Fumitaka's report regarding the impact of the recent earthquake, tsunami and nuclear hazard on the northeastern region of Japan. Please read this report carefully and respond to Dr Fumitaka's call for financial help, however small. On a different matter, I have received a very important message from Professor Kam Bhui, Chair of the Scientific Committee, 3rd World Congress Cultural Psychiatry, to let all WACP members to take advantage of the early bird registration for the next WACP conference which will be held in London in March 2012. Early bird registration closes on 1st July, 2011. For example, before 1<sup>st</sup> July, it would cost WACP Members £310 to register, After 1 Dec, that rate will go up to £465. WACP members, Band B, it would be £250 before 1st July, and £340 by early December, and so on. You should really do your registration in the next few days or so!

Finally, send me if you have any materials you would like to appear in the next WACP Newsletter. Please note that I would not be able to get materials from other websites and then include it in the Newsletter. I am quite happy to share with your fellow members any information you would like to share with them, in which case I would need the complete piece you want to appear in the Newsletter in word format. I have received one or two studies from the members, this is really for the WACP journal, and not for the newsletter. Information on how to submit papers to the Journal is on our WACP website: [http://www.wcpr.org/index-05\\_02.htm](http://www.wcpr.org/index-05_02.htm)

Best wishes

Nasir Warfa

Associate Editor

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## Forthcoming Conferences

### OPEN CALL FOR ABSTRACTS

(NOTE EARLY BIRD REGISTRATION CLOSES JULY 1ST 2011: [www.wacp2012.org](http://www.wacp2012.org))

#### 3<sup>rd</sup> World Congress of Cultural Psychiatry

**Mental capital, mental disorders, resilience and wellbeing through the life-course**

**March 9<sup>th</sup>-11<sup>th</sup> 2012, London**

*You are invited to submit abstracts now for consideration in the OPEN CALL. The abstract form can be downloaded at [www.wacp2012.org](http://www.wacp2012.org).*

Confirmed plenary lectures by:

Dr Micol Ascoli, UK  
Prof. Goffredo Bartocci, Italy  
Prof Sergio Javier Villaseñor-Bayardo, Mexico  
Prof. Jim Boehnlein, US  
Dr Nicolay Bokan, Russia  
Prof Ahmed El-Dosoky, Egypt  
Prof. Paul Heritage, UK  
Dr Madelyn Hicks, UK  
Prof. Laurence Kirmayer, Canada  
Prof. Roland Littlewood, UK  
Prof. Wielant Machleidt, Germany  
Prof. David Ndeti, Kenya  
Prof. Vikram Patel, India & UK  
Prof. Ron Wintrob, Canada  
Prof. Wen-Shing Tseng, US  
Prof Xudong ZHAO, China

Congress Themes: see [www.wacp2012.org](http://www.wacp2012.org) for a full list of topics

The Scientific profile of the 3rd World Congress will emphasise life-course understandings of mental distress, resilience and wellbeing, with a particular focus on young people. We are faced with many new frontiers of cultural psychiatry, and a focus on life-course, well being, resilience, and young people is one of the new frontiers. Other themes include the neuro-scientific basis of violence and psychiatric symptoms, that neurobiology of violence and psychiatric symptoms; terrorism and conflict; self harm and suicide; diagnostic precision; culture and psychopathology; ethno-pharmacology; spirituality, religion and mental health; the future of cultural psychiatry; migration, training and education; public policy, service organisation and delivery, trainee workshops, media & mental health; 'research and reviews'; clinical practice and policy in a culturally diverse context.

#### Conference Venue

Queen Mary, University of London

#### Pre & post congress events

##### *Cultural Consultation-International Perspectives*

7<sup>th</sup> March 2012, 2-5pm

##### *Culture, Spirituality & Psychopathology*

at St Paul's Cathedral 8th March 2012, 1-5pm (Co-sponsored by The Royal Society of Medicine, London. Tickets: £25 for delegates of the congress only; limited places)

12<sup>th</sup> March 2012, Trainee/Student day, prize for best poster

Free to students/trainees registering for main congress

**Social events**

Evening of 8<sup>th</sup> March: East London historical walks in East London

Evening of 9<sup>th</sup> March: Film evening with Mohan Agashe

Evening of 10<sup>th</sup> March: Gala Dinner & Presentations

Tickets £45: for conference delegates only

Visit to House of Commons

Visit to Windsor Castle

Others tours by arrangement

Please visit the website regularly for updates: [wacp2012.org](http://wacp2012.org)

Kamaldeep Bhui

Professor of Cultural Psychiatry & Epidemiology

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**GLADET Latin American Group of Transcultural Studies, A.C**



**GLADET**

Latin American Group of  
Transcultural Studies, A.C.



**migration, violence and  
cultural PSYCHIATRY**

III International congress  
Tuxtla Gutiérrez, Chiapas, México  
August 9-11, 2012

[www.gladet.org.mx](http://www.gladet.org.mx)

INFORMATION:  
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Hotel Camino Real  
[www.caminoreal.com.mx](http://www.caminoreal.com.mx)

## migration, violence and cultural PSYCHIATRY



Core themes:

- Art and Psychopathology
- Culture and Politics of mental health
- Culture and Clinical practice
- Culture and Psychotherapy
- Disasters
- Spirituality
- Insecurity and Violence
- Chronic illness and Culture
- The schizophrenias
- Genes and Emotions
- Literature and Psychiatry
- Traditional medicine
- Migrations
- Cultural Psychiatry
- Anxiety disorders
- Sleep disorders
- Mood disorders
- War and violence

Information:

Website: [www.gladet.org.mx](http://www.gladet.org.mx)

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# A current report on the impact of the recent earthquake, tsunami and nuclear hazard in northeastern Japan by DR Fumitaka Noda

As you know, at 14:46 of March 11, 2011, huge coast area of Northern and East Japan was attacked by great earthquake of Magnitude 10, which human being has ever experience in previous 1000 years. Most coast area was attacked by subsequent Tsunami that apparently took 20,000 lives at once. That area got unbelievable damages. Atomic plants in Fukushima prefecture was also hit by the quake and tsunami and nuclear contamination has started. All the people in North and East Japan have suffered from shortage of electricity and planned power stop has started since March 11. That has given huge damage to our industries. Therefore, even Tokyo is unstable, and my patients are still fearful of the quake and nuclear contamination. They seem to have symptoms of the so-called quake sickness and situational anxiety disorders.

On March 30, I went to Soma city in Fukushima area that has suffered from both the Tsunami and nuclear contamination. The majority of the city's population was evacuated, including all psychiatrists. As a result, there were no psychiatric facilities functioning. Even to day, 2,100 people are staying at transient shelters and are facing hunger, coldness, huge loss and fear of nuclear contamination. The situation there is desperate.

The Japanese Society of Transcultural Psychiatry(JSTP) organized emergency committee, which we called Transcultural Mental Health Emergency Committee. The committee has started working with Japanese Society of Psychiatry and Neurology (JSPN) in order to support foreign citizens who have suffered from the quake disasters and who may have psychological trauma, as well as those feel isolated and fearful due to lack of appropriate information and support. These foreign populations include Asians, Americans, Europeans, Hispanics, Oceanians, Africans and others. Our intention is to give consultation and supporters for these foreign sufferers.

If you have a chance, let our psychiatrist colleagues know the work of JSTP and JSPN. If you have friends or relatives who are feeling isolated and fearful, or simply would like to have access to basic information, feel free to refer them to us, see below for our contact details.

To make this project available to more people, we need manpower and funding. Therefore, any donations would be most appreciated. I greatly appreciate if you can transfer this message to the organization members and call for support.

JSTP account is as follows.

Bank Name: the Bank of Tokyo-Mitsubishi UFJ, Ltd.

Swift code: BOTKJPJT

Bank Branch Name: Mejiro Branch

Bank cord: 0005

Account Name: Japanese Society of Transcultural Psychiatry

Account Number: 0092302 (Ordinary Deposit)

Branch Address: 3-13-6 Mejiro, Toshima-ku, Tokyo, Japan (Zip 171-0031)

With warm regards,

Fumitaka Noda, M.D

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World Psychiatric Association

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Report on the  
Second International Congress of Gladet/WACP  
Cuzco, August 28-30, 2010  
BY Carlos Rojas Malpica



The Second International Congress of the Latin American Group of Cross-Cultural Studies (GLADET, Grupo Latinoamericano de Estudios Transculturales) took place in the city of Cuzco from August 28 to 30 2010, together with the WACP and the Twenty-First Peruvian Congress of Psychiatry. The conversations that led to the organization of both Congresses with the collaboration of both organizations began during an international encounter about depression held in Huatulco, México, in 2009, with the participation of Drs. Julio Acha, Sergio J. Villaseñor Bayardo, and Carlos Rojas Malpica.

Dr. Hugo Chávez, President of the Peruvian Association of Psychiatry (Asociación Peruana de Psiquiatría) was the Executive President of the event. Dr. Sergio Javier Villaseñor, President of GLADET, Dr. Goffredo Bartocci, President of the World Association of Cultural Psychiatry (WACP), and Dr. Yves Thoret, President of the Society de L'Évolution Psychiatrique, were Honorary Presidents. Dr. Aitor Castillo and Dr. Julio Acha were President and Vice-President of the Organizing Committee, respectively. Both of them were speakers at the Opening Ceremony.

The GLADET Symposium on “Cultural Psychiatry in Latin America” took place on Saturday August 28, with the participation of Dr. Renato Alarcón, with the topic “In search of El Dorado: an overview of Cultural Psychiatry research in Latin America” (*En busca de El Dorado: panorama de la investigación en Psiquiatría Cultural en América Latina*); Dr. Sergio J. Villaseñor Bayardo, with the topic “The drunkenness of the divine” (*La embriaguez de lo divino*); Dr. Néstor de la Portilla, with the topic “Latin American Psychiatric Journals in a globalized world” (*Revistas Psiquiátricas Latinoamericanas en un mundo globalizado*), and Dr. Carlos Rojas Malpica, with the topic “The hermeneutics of silence in the social representation of the tropics” (*La hermenéutica del silencio en la representación social del trópico*).

The GLADET/WACP Symposium, “Cultural Psychiatry Issues”, coordinated by Dr. Goffredo Bartocci, took place on Sunday August 29 in the morning. Dr. Eduardo Corona spoke about “Emotional disorders among Wixarika Indians” (*Trastornos afectivos en la etnia Wixárika*); Dr. Jean Leccia, about “Clinical Studies of a territory”, and Dr. Marcos de Noronha, about “Brazilian folk healing rituals” (*Ritos curativos folklóricos brasileños*).

GLADET’s Plenary Session took place in the afternoon of the same day, with lectures by Dr. Sergio Villaseñor Bayardo, “From folk psychiatry to Cultural Psychiatry” (*De la psiquiatría folklórica a la psiquiatría cultural*); Dr. Goffredo Bartocci, “Psychotherapy, culture and supernatural”, and Dr. Jean Garrabé de Lara, “French-Peruvian exchanges on Psychiatry and Neurology” (*Los intercambios franco-peruanos en psiquiatría y neurología*).

Especially noteworthy was the participation of L’Evolution Psychiatrique, whose symposium featured lectures by Dr. Yves Thoret, “Disaffiliation in the work of Inca Apu Ollantay” (*La desafiliación en la obra Inca Apu Ollantay*), Dr. Jean Garrabé de Lara, “Clinical and literary studies on psychopathology” (*Estudios clínicos y literarios en psicopatología*), and Dr. Manuella De Luca, “Psychopathology of body harm behavior among teenagers and young adults” (*Psicopatología de las conductas de ataque al cuerpo en adolescentes y jóvenes adultos*).

Other salient activities were:

1.- The Third International Congress of GLADET, to be held in Tuxtla Gutierrez, Chiapas, Mexico, from August 9 to August 11 2012, was promoted among the attendants.

2.- New members Dr. Néstor de la Portilla, Dr. Aitor Castillo Dorante, Dr. Julio Acha, Dr. Joyce Esser Díaz, and Dr. Hugo Antonio Ascencio Hernández were incorporated and given their GLADET credentials. Prof. Goffredo Bartocci was awarded the status of Honorary Member.

Carlos Rojas Malpica  
Executive Secretary of GLADET



## News from the International Association of Ethnopsychologists and Ethnopsychotherapists (Tomsk, Russia)

In 2011, scientists of West and East Siberia have published “Atlas of Mental Health of Population of Kemerovo District”. This Atlas presents information about prevalence of basic mental disorders among population living on the territory of Kemerovo District.

Psychiatric situation across the entire territory has been assessed. Key results have been visibly described in cartograms and pictures. In the paper along with data of official statistics, results of original scientific investigations of Tomsk and Kuzbass psychiatrists have been included. Atlas has been issued and edited by academician of RAMSci V.Ya. Semke, Professor N.A. Bokhan, MD V.E. Novikov, PhD V.A. Sorokina. In Kemerovo District there are 20 cities, population – 567,000. This district is situated on South-East of West Siberia and takes spurs of the Altai – Sayan Mountain Country. Kemerovo District is the most populated part of Siberia; Russians constitute 90% of the population. Native population – Tomsk Tatars, Shorts and Teleuts – have maintained their cultural traditions.

On April 7, 2011 in Siberian City Novosibirsk, Director of Mental Health Research Institute (Headquarters of the IAEE, Tomsk, Russia) Valentin Semke has introduced his report “Strategies of transcultural psychotherapy” during the II<sup>nd</sup> Meeting of Psychotherapists of Siberia (Future of Psychotherapy and Counseling in Siberia and Russia. Science and Practice. Professionalism): “For overcoming of multi-axial picture of personality pathology we have proposed **Eurasian model of psychotherapy** including the following basic approaches: 1) pathogenetic approach (analysis of stressful situation and somatic-organic predisposition); 2) personological “reconstruction; 3) stages (sedation, then activating socio-rehabilitation and regressing psychotherapy); 4) awareness by the individual of his/her responsibility for creation of problem situation; 5) choice of alternative strategy of behavior (focus at the account for social-cultural specifics); 6) application of variants of intense, pathogenetic, combined, short-term psychotherapy; 7) assessment of efficacy of complex impact on the patient”.

## News from Careif

### **Careif: Culture and Post-Natal Depression Essay Competition**

The relationship between mothers, their circumstances and Post-Natal Depression (PND) in world societies provides clues to understanding the origins, presentation and treatment.

The careif Essay Initiative seeks to gather the evidence for the assessment, recognition and treatment of PND in diverse cultural contexts, among women from different ethnic and cultural groups and in diverse communities, health and social care settings. Contact [albert.persaud@careif.org](mailto:albert.persaud@careif.org)