



World Association of Cultural Psychiatry

Newsletter

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Editorial

Welcome to a packed issue of the Newsletter, including a preliminary report on the 2nd World Congress of Cultural Psychiatry which was a fantatastic success. Congratulations to Goffredo Bartocci for running such an academically stimulating and socially warm and welcoming event. The Mayor of Norcia welcomed delegates to the town which collectively provided for all the needs of the conference. More congratulations are due to Goffredo Bartocci, as he is now President of WACP. Prof Bartocci continues the ground breaking vision of Prof Tseng to extend the reach of the organisation. In this edition you will also read of new strucutre in WACP, introducing an operational group, within which there will be specific task groups to take forward the business of the organisation. The financial position is outlined, an an introduction to new members. The next three years are packed with cultural pschiatry conferences, culminating in the 3rd world congress of cultural pschiatry to be held in London March 9-11th. This will be an exciting combination of academic presentations, but also include arts, theatre, and performance as cultural practices. Book the dates now and, as the 3rd World Congress President, I invite you to send proposals for symposia, workshops, round table discussions, cinema sessions, as well for any specific social programmes that are of interest. I have been instructed to ensure sufficient protected shopping time in the programme! I will be writing to you all seeking your suggestions and participation. Enjoy this packed edition of the newsletter, and as always do keep sending news items.

Kamaldeep Bhui

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Forthcoming Conferences

Advance Notification

3rd World Congress of Cultural Psychiatry 9-11th March 2012

Mental Capital & Mental Disorders in a Culturally Diverse Global Village: resilience and wellbeing through the life-course

Venue: Barbican Centre, Silk Street, London & Queen Mary University of London

Key Conference Themes

The programme will feature a bio-psycho-social, and a spiritual-cultural synthesis of cultural psychiatry, with a special focus on young people and life course approaches to cultural psychiatry. Acculturation and globalisation place unique challenges on protecting human capital, and impact on cultural practices that may promote resilience or may undermine mental health, culminating in mental disorders. There are also threats to safety and well being because international conflict, war and terrorism. A scientific programme will have *core themes* (listed below) and an interconnecting theme of resilience and well being across diverse cultural groups:

- The neuro-scientific basis of violence and psychiatric symptoms
- The neurobiology of violence and psychiatric symptoms
- Terrorism and Conflict: global solutions
- Violence, self harm and suicide
- Diagnostic precision
- Culture and Psychotherapy
- Ethnopharmacology
- Complementary and traditional healing systems from around the world
- Migration, refugees and asylum seekers: risk factors and service provision
- The future of cultural psychiatry
- Spirituality, religion and mental health
- 'State of the art' research symposia
- The use of arts and humanities in psychiatric and psychological theory and practice.
- Performance, ritual, theatre and mental health
- Training and education
- Service organisation and health systems
- Mental Health & Public Health Policy
- Multidisciplinary critiques of cultural psychiatry theory and practice
- Trainee Workshops before and after the main programme
- Media and Mental Health
- Young people, emotional wellbeing and recovery
- Young people, physical health and wellbeing
- The role of arts, laws and humanities in wider society in promoting the wellbeing of young people in a diverse and global village
- Cultural adaptation in the face of diverse values and religious systems that help wellness and resilience and healing
- Research, clinical practice, policy and service development to optimise wellbeing and recovery

- for diverse cultures, and immigrants in a host society
- Social and human capital
- Regeneration, modernisation and mental health

This event will be locally organised by Queen Mary University of London (<http://www.qmul.ac.uk>), in association with Careif (www.careif.org), an international mental health charity, Visitlondon (<http://www.visitlondon.com/>) and the Barbican Centre (<http://www.barbican.org.uk/>).

There will be an exciting social programme that will include London venues such as the Tate Modern and Tate Art Galleries, walks of historic London, the Tower of London and London Bridge, the Wheel on the South Bank and cultural events at the Barbican and University venues. Non-London venues include Stratford upon Avon (Shakespeare's birthplace), Down House (where Darwin wrote his scientific thesis on the origin of species), Stonehenge (an ancient pagan site of worship) and the neighbouring beautiful English countryside. There are short flights to Edinburgh and Paris, and other European venues. Accompanying persons in the 2nd World Congress have formed a shopping committee to ensure all opportunities are optimised.

4th World Congress of Cultural Psychiatry
Puerto Vallarta, Jalisco, Mexico
Congress President: Prof. Sergio Javier Villaseñor Bayardo.



FPR-UCLA 4th Interdisciplinary Conference
Cultural and Biological Contexts of Psychiatric Disorder: Implications
for Diagnosis and Treatment

REGISTRATION IS NOW OPEN

Early: May 7 – November 13, 2009

Late: November 14 – December 11, 2009

Category I Continuing Medical Education (CME) for licensed Physicians and Psychologists for this event is pending.

Please visit the conference page for the latest information and updates:

<http://www.thefpr.org/conference2010/overview.php>

WHEN: Friday--Sunday, January 22-24, 2010

WHERE: University of California, Los Angeles (UCLA) Neuroscience Research Building Auditorium

SYNOPSIS: Our concept of mental illness in the West is largely shaped by the DSM diagnostic model. The DSM categorization of psychiatric disorders has been useful in driving research, and psychiatric neuroscience has made enormous strides in identifying some of the brain-based factors that contribute to mental disorders such as autism, schizophrenia, and bipolar disorder, as well as suggesting possible drug therapies. However, both neuroscientists and anthropologists have raised questions about the validity and utility of these categories. Neuroscientists are concerned that the categories obfuscate the key brain-behavior linkages underlying pathological processes. Anthropologists on the other hand argue that the categories are largely social constructions and that the current neurobiological zeitgeist minimally attends to social and cultural processes of mental illness. Much still remains unknown, particularly how the social and cultural worlds interact with neurobiological processes to produce mental symptoms that we recognize as depression or psychosis in everyday life and what this interaction implies for diagnosis and treatment.

The aim of this conference is to improve the quality of psychiatric diagnosis and treatment by giving specific attention to biological and cultural contexts and their interactions. Given the abundant criticism directed to both the biological and cultural validity of current DSM diagnostic categories, the focus is particularly important and timely. Revisions are now underway that attempt to incorporate divergent cross-cultural aspects of mental illness, as well as underlying neurobiological factors common to different disorders. Both areas will be addressed at the conference in presentations and panel discussions.

WHO SHOULD ATTEND: The conference is designed to appeal to a wide audience: clinicians, researchers, social workers and therapists, neuroscientists, anthropologists, and others interested in the science, experience, diagnosis, and treatment of mental illness.

CONFIRMED SPEAKERS:

Simon Baron-Cohen <<http://www.psychol.cam.ac.uk/pages/staffweb/baron/>> (Cambridge University)
Anne Becker <<http://ghsm.hms.harvard.edu/people/faculty/becker/>> (Harvard University)
German Berrios <<http://www.neuroscience.cam.ac.uk/directory/profile.php?berrios>> (Cambridge University)
João Biehl <http://www.princeton.edu/anthropology/faculty/joao_biehl/> (Princeton University)
Robert Bilder <<http://psychology.npih.ucla.edu/Bilder/index.html>> (University of California, Los Angeles)
Tyronne Cannon <<http://www.cannonlab.psych.ucla.edu/>> (University of California, Los Angeles)
Eric Courchesne <<http://neurosciences.ucsd.edu/biosx.php?pageid=ECourchesne>> (University of California, San Diego)
Byron Good <http://ghsm.hms.harvard.edu/people/faculty/good_byron/> (Harvard University)
Mary-Jo Del Vecchio Good <http://ghsm.hms.harvard.edu/people/faculty/good_maryjo/> (Harvard University)
Roy Richard Grinker <<http://www.gwu.edu/~elliott/faculty/grinker.cfm>> (George Washington University)
Devon Hinton (Harvard University / Massachusetts General Hospital)
Thomas R. Insel (National Institute of Mental Health) <<http://www.nimh.nih.gov/about/director/index.shtml>>
Kay Redfield Jamison <<http://www.hopkinsmedicine.org/Psychiatry/Faculty/JJamison.html>> (Johns Hopkins University)
Eric Kandel <<http://www.hhmi.org/research/investigators/kandel.html>> (Columbia University / Howard Hughes Medical Institute)
J. David Kinzie <<http://www.ohsu.edu/health/meet-our-staff/doctors/doctor.cfm?id=11221>> (Oregon Health & Science University)
Laurence Kirmayer <<http://www.mcgill.ca/tpsych/faculty/>> (McGill University)
Robert Lemelson <<http://ibs.med.ucla.edu/Bios/LemelsonR.htm>> (University of California, Los Angeles / FPR)
Roberto Lewis Fernández <http://www.cumc.columbia.edu/dept/bec/staff/lewis_fernandez.html> (Columbia University)
Emily Martin <<http://anthropology.as.nyu.edu/object/emilymartin.html>> (New York University)
Emeran Mayer <<http://www.cns.med.ucla.edu/Bios/MayerE.htm>> (University of California, Los Angeles)
Elinor Ochs <<http://www.sscnet.ucla.edu/anthro/faculty/ochs/>> (University of California, Los Angeles)
Mary L. Phillips <<http://www.wpic.pitt.edu/research/PhillipsML/>> (University of Pittsburgh School of Medicine; Institute of Psychiatry, UK)
Elyn Saks <<http://law.usc.edu/contact/contactinfo.cfm?detailID=300>> (University of Southern California Gould School of Law)
Olga Solomon <http://ot.usc.edu/faculty/directory/Olga_Solomon/> (University of Southern California)
Moshe Szyf <<http://www.medicine.mcgill.ca/pharma/mszyflab/>> (McGill University)
Please visit the conference page for the latest information and updates:
<http://www.thefpr.org/conference2010/overview.php>



Sport, Education and Culture: Promoting health, wellbeing and positive identities for young people

November 11th 2009, Barbican Centre, London, UK.

This meeting will include young people, sports personalities, health professionals, including psychiatrists and psychologists, to consider the mental health and well being of culturally diverse young people. The conference will include performances and demonstrations as well as academic presentations and forms part of a series of meetings working towards an Olympic legacy in 2012. The meeting primarily addresses psychiatric disorders and cultural diversity in a non-stigmatising manner with a special focus on young people, so it encourages actions around physical activity and educational interventions. The venue is also where the 3rd World Congress for Cultural Psychiatry is being held in March of 2012. There will be live performances and demonstrations, as well as cutting edge scientific presentations on sport, innovations, education and cultural factors in well being. Young people are participating in the event as performers, commentators and evaluators. This will also provide a unique networking event with careif associations spanning the voluntary, statutory, politic, sports, and academic worlds. For registration and information: <http://www.careif.ukevents.org/>

Other International Conferences on Cultural Psychiatry

- Shanghai, China; April 18 – 21, 2010
- "Rethinking Cultural Competence from International Perspectives" SSPC and ASI McGill, Montreal, Canada: 29 April - 01 May, 2010
- International Conference on Cultural Psychiatry Amsterdam, The Netherlands; June 13 – 16, 2010. <http://www.tp2010.org/>
- Psychotherapy: Science and Culture. The 20th IFP World Congress of Psychotherapy and FMPP Annual Congress which will be held from June 16–19, 2010, in Lucerne, Switzerland.
- 2nd international congress of GLADET is: Psychiatry, Science and Culture. Cusco, Perú. August 28 to 30, 2010. <http://www.app.org.pe/>
- 1st International Conference on Cultural Psychiatry in Southern Africa, Durban, South Africa; September 26 – 29, 2010
- 1st International Conference on Cultural Psychiatry in the Spanish-speaking World; Barcelona, Spain; Oct 30 – Nov 1, 2010
- 4th International Conference on Cultural Psychiatry in the German-speaking World; Dusseldorf, Germany; December 9 - 11, 2010
- 1st International Conference on Cultural Psychiatry in the French-speaking World; Paris, France; April 16 - 19, 2011.



Kamaldeep Bhui

Preliminary Congress Report

Cultural Brain & Living Societies. The 2nd World Congress of the World Association of Cultural Psychiatry. September 27th-30th, Norcia, Italy.

Congratulations to Goffredo Bartocci and the Italian team of conference organisers. The 2nd world congress of cultural psychiatry held in Norcia from September 27th-30th was a great success. Over 300 delegates found themselves in an idyllic setting in the remote Umbria region of Italy. The food and wine were of the highest quality, as was the entertainment before, during and at the close of the conference. The village hospitality was unending with great facilities in which the historic atmosphere added to the experience of high level academic presentations with significant discussion of the future of cultural psychiatry. The opening and closing ceremonies including landmark plenary lectures on achievements and the future aspirations of cultural psychiatry. These linked genetic, biological, social and cultural frameworks for mental illness. The line up of international speakers was impressive: Laurence Kirmayer, Jim Boehnlein, Renato Alarcon, David Kinzie, Wolfgang Jilek, Ron Wintrob, Wen-Shing Tseng and Goffredo Bartocci among many others. Colleagues travelled from Europe, Russia, Latin America, China, Japan, Australia and New Zealand, Asia, US, Canada and Africa. Poster presentations and trainee sessions were well attended, as were the round table discussions, workshops and the film sessions. The Mayor of Norcia welcomed guests and hosted a closing reception. There will be a fuller report of the Congress in our next newsletter. The poster and arts exhibitions were impressive.



Poster sessions & Arts Exhibitions at the 2nd World Congress in Norcia



Kamran Ahmed



Lauren Ban



Erminia Colucci



Mike Eales

Farewell Message from Founding President

Prof. Wen-Shing Tseng



Colleagues who have participated in the congress will agree with me that the World Association of Cultural Psychiatry (WACP)'s Second World Congress of Cultural Psychiatry has been successfully held in Norcia, Italy, on September 28-30, 2009. I would like to thank very much the congress president, Dr. Goffredo Bartocci, and his Italian team, who have worked very hard for many months to organize and hold the congress.

I would also like to inform you that after the business meeting of the WACP, which was held at the end of the congress, the president-ship officially transferred from myself to the president-elect, Dr. Bartocci, who becomes the new president for the 2009-2012 term.

The events proved that our association is functioning effectively with rules, systems, and order and we are steadily laying down a solid foundation for the future development of our association. Therefore, it is time to reflect on the past, review the present, and look forward to the future.

Colleagues such as Drs. Wolfgang Jilek, Goffredo Bartocci, and myself, who have served as past chairs of the Transcultural Psychiatry Section of World Psychiatry Association (TPS/WPA), realised and felt that, under the rules of the WPA, the TPS/WPA was restricted in terms of its functioning, and did not meet the needs of the rapidly emerging field of cultural psychiatry around the world. Based on these reasons, we considered it timely to establish WACP as an independent academic organisation to include colleagues broadly from around the world, working together to address the needs and interests of cultural psychiatrists. On Dr. Bartocci's suggestion, and with international colleagues' support, I was asked to serve as the founding president to establish the organisation in the fall of 2005, with an office based in Honolulu, Hawaii, USA.

In order to make the association a solid academic and international organization, the board of directors was immediately formed. Members from around different regions of the world were appointed initially by the president, with the consideration of the amount of cultural psychiatrists present in each region. It was intended that after the initial term, the members of the board of directors would then be elected by the active members of the association.

The bylaws were established as well, and with the expanding need, the attachments to the bylaws was drafted and approved by the board of directors as more detail and additional guidance for the smooth running of the association.

Subsequently, the First World Congress of Cultural Psychiatry was held in Beijing, China on September, 23-26, 2006, with the Institute of Mental Health of Peking University serving as the local organizer. The congress was attended by

nearly 300 participants from 35 countries around the world. Besides plenary sessions, about 50 topic symposia were organized and presented, systematically covering the relevant topics of Cultural Psychiatry, proving that it was a good idea to establish the WACP for the expanding need around the world. It was then decided the world congress be held every three years, preferably in different regions.

In addition, the association's online journal, namely the World Cultural Psychiatry Research Review (WCPRR), was established and Dr. Bartocci (Italy) was appointed to serve as the Chief-Editor, with an office in Rome, Italy. The main purpose of the journal is not only to publish original papers but also to review articles concerning cultural psychiatry around the world. It is intended to offer an opportunity for less privileged colleagues from around the globe to review this online journal as well as for them to contribute their publications.

The association's newsletter was established so that the news about the association and information about cultural psychiatry around the world could be disseminated through the quarterly published newsletter. Dr. Kamaldeep Bhui (UK) is currently the editor of the WACP Newsletter.

In addition to the board of directors, comprised of members from different geographic and cultural regions, the Operational Group was recently formed. Nearly 20 colleagues from various countries were appointed by the President to become members of the group. The purpose of this group is to promote the functions of the association by increasing awareness of the association amongst colleagues, to encourage colleagues to participate in the association as members, and to maximise the impact of the association's journal as well as the newsletter. Dr. Vittorio DeLuca is appointed as the co-ordinator of the group.

Starting from 2006, the Life Achievement Award was established by the Association, and awards have been given yearly to those colleagues who have made significant and unique achievements in the field of Cultural Psychiatry.

During the board of directors meeting held on September 30, 2009 in Norcia, Dr. Kamaldeep Bhui (UK) was elected by the members of the board of directors to become the president-elect of the WACP for the new term of 2009-2012, while Dr. Sergio Villasenor-Bayard (Mexico) was appointed by the president, Dr. Bartocci, to become the secretary of the WACP and work closely with the president for the coming term.

For the past term, Dr. Jon Streltzer (USA) served as treasurer from 2005-2008, and Dr. Vittorio Infante (Italy) became the new treasurer in 2009.

The Third World Congress has been scheduled to take place on March 9th to 11th, 2012 in London, UK. Furthermore, the Fourth World Congress has been approved by the board of directors to take place in 2015 in Puerto Vallarta, Mexico.

Thus, the plan and the course for the future of the association has been laid down and I am very delighted that things are under the good hands of the capable successors of president, president-elect, secretary, treasurer, the members of the board of directors, and the operational group who, as a team, are together going

to carry out and promote the function of the association.

I would like to express my sincere appreciation to many colleagues who have provided enthusiastic and useful assistance in establishing the WACP. I hope that the association will continue its course by following its basic spirit, namely, the promotion and development of cultural psychiatry by involving all colleagues of different geographic, ethnic, and cultural backgrounds to establish a meaningful, academically and professionally true form of cultural psychiatry for those people of diverse ethnic and cultural backgrounds from around the world.

With many thanks and aloha!

Wen-Shing Tseng, MD

September 30, 2009

Report of the Board of Directors WACP Business Meeting Prof. Goffredo Bartocci



The board of directors meeting was held in the late afternoon of September 27, 2009 at 4:00-6:00 pm in Norcia, Italy, shortly before the Second World Congress of Cultural Psychiatry opened by the welcome reception. The newly elected and assembled members of the board of directors for the term of 2009-2012 participated in the meeting. They included: Renato Alarcon (USA), James Boehnlein (USA), Laurence Kirmayer (Canada), and Ron Wintrob (USA) from the North America region; Sergio Villasenor-Bayardo (Mexico) from the Latin America region; Goffredo Bartocci (Italy), Kamaldeep Bhui (UK), and Mitchell Weiss (Switzerland) from the West Europe region; Fumitaka Noda (Japan) from the East Asia region and Seggane Musisi (Uganda) from the Africa region. Due to the delay of local transportation, Valentine Semke (Russia), ZHAO Xudong (China), R. Raguram (India), and Ahmed El-Dosoky (Egypt) were not able to attend the meeting, while due to personal reasons, Harry Minas (Australia), Richard Rechtman (France), and Sung-Kil Min (Korea), were excused from attending. However, Wolfgang Jilek (Canada), as adviser, was invited to attend this meeting.

This two-hour meeting began with the introduction of members amongst themselves to allow them to become well acquainted. President Wen-Shing Tseng made a brief report about the past activities and programs of the association which included: (a) the election of the members of board of directors for 2009-2012; (b) establishment of the operational group; (c) newly affiliated national/regional organizations from Latin America and Canada; (d) the Life Achievement Award for the year 2009; and (e) Wen-Shing Tseng's Award for the second congress participants.

Subsequently, Goffredo Bartocci reported that the association's online journal, the World Cultural Psychiatry Research Review (WCPRR) is functioning very well, with an average of 300 visits per month. Kam Bhui also reported that he has



formed a team with him to work on the association's newsletter, and invited all colleagues to contribute.

Past treasurer, Jon Streltzer, from Honolulu, made financial reports for the years 2007 and 2008 and indicated that any financial matters have been transferred to new treasurer, Vittorio Infante of Rome in the middle of 2008.

In order to provide additional explanations or clarifications of the Bylaws, Attachment-II was drafted by the president and discussion was made amongst the members relating to matters such as: the transfer of president-ship from president to president-elect to take place at the end of the world congress, which takes place at the third year of the term; the secretary can be appointed by the president because he/she will work closely with the president; and the general guidance of how to use the budget for the association's journal, newsletter, and office expenses.

Francis Lu (USA) was invited to present the proposal in which the WACP will act as one of the consulting organizations to work with the APA regarding Practice Guides, which are being developed by the APA. Cultural input for such Practice Guides is considered important.

Following this, Kam Bhui (UK) presented the plan for the Third World Congress to take place in April of 2012 in London, UK. As for the Fourth World Congress, members approved the proposal made by Sergio Villasenor-Bayardo (Mexico) for this to take place in Puerto Vallarta, Mexico in 2015.

As one of the key points on the agenda, the election of president-elect for 2009-2012 was conducted. After the nomination, members unanimously voted Kam Bhui (UK) as the president-elect for the term of 2009-2012; he would then become president for the 2012-2015 term.

Finally, in regards to the title of secretary, after the discussion, members supported the idea that the secretary may be appointed by the president. Based on this decision, new president, Goffredo Bartocci, appointed Sergio Villasenor-Bayardo (Mexico) as secretary for the 2009-2012 term.

The members of the board of directors were pleased that the major issues and policy matters related to the association were discussed and approved by the board. The board hopes that the association will continue to function in accord with its rules, systems, and goals by which the solid foundations of the organisation have been built.

WACP Budget Report 2007, 2008

Prof. John Streltzer, Hon Treasurer

World Association of Cultural Psychiatry

Budget Report by Treasure, Jon Streltzer (2005-2008)

[For the Year of 2007]

Balance from previous year of 2006 ----- \$ 4,431.96

INCOMES

Members' due payments ----- \$ 5,400.00

Balance from Beijing World Congress ----- \$ 4,000.00

Balance from Kamakura Meeting ----- \$ 2,000.00

Total ----- \$ 15,831.96

EXPENSES

Letters to membership (for dues) ----- \$ 1,162.25

Credit card ----- \$ 31.20

Subtotal ----- \$ 168.26

Partial reimburse to President's down payment of

\$4,000 in 2005 to start first congress website ----- \$ 2,000.00

Total ----- \$ 3,330.11

BALANCE

Total Income ----- \$15,831.96

Total Expenses ----- \$ 3,330.11 (-)

Total Balance -----
\$12,501.85

[For the Year of 2008]

Balance from previous year of 2007 ----- \$ 12,501.85

INCOMES

Members' due payments ----- \$ 2,150.00

Donation from President for WST Award ----- \$ 1,000.00

Total ----- \$ 15,651.85

EXPENSES –I (at President’s office in Honolulu)

Bank fee: for Credit card ----- \$ 160.71
for withdraw fee ----- \$ 70.00
Total ----- \$ **230.71**

EXPENSES –II (at President-Elect’s office in Rome in 2005-2006)*

Association Website, WCPRR Website ----- (Eu4,535.00) **\$5,759.00**

BALANCE

Total Income ----- \$ **15,651.85**
Expenses I ----- \$ **230.71(-)**
Expenses II ----- \$ **5,759.00(-)**

Total Balance ----- \$ **9,662.14**

TRANSFERENCE to President-Elect’s office in June ----- \$ **14,000.00**

*Expenses-II in the amount of \$5,759 will be retrospectively paid by from the transferred balance.



Report of the Operational Group (OG)

Vittorio DeLuca, Co-Ordinator (OG)



The Operational Group, originally proposed as a “membership committee”, has been established to promote the World Association of Cultural Psychiatry (WACP). In parallel to the Board of Directors, whose members are elected by members of the association, members of the operational group will be appointed by the president of the WACP, for the term appointed, to promote the operational functions of the association.

Members of the operational group held its meeting at 7:00-8:00 pm on September 29, 2009 during the second world congress in Norcia, Italy. The members who attended the meeting (by alphabet order of their representing countries) were: Joan Obiols-Llandrich (Andorra), Ted Hung-Tat Lo (Canada), CONG Zhong (China), LI Jie (China), ZHU Jinfu (China), Eckhardt Koch (Germany), Mohan Agashe (India), Vitorri De Luca (Italy), Tsuyoshi Akiyama (Japan), Hans Rohlof (The Netherlands), Andrew Reed Hornblow (New Zealand), Haroon Rashid Chaudhry (Pakistan), Jose Enrique Lopez Rodas (Peru), Irina Evgeyvana Kupriyanova (Russia), Joseba Achotegui (Spain), Riyadh Al Baldawi (Sweden) , Micol Ascoli (UK), Albert

Persaud (UK), and Paul Leung (USA). Vitorri De Luca (Italy) was appointed as the coordinator of the group. Besides, Wen-Shing Tseng (USA) and Goffredo Bartocci (Italy) who moderated the meeting, Kam Bhui (UK) was also invited to attend to report the function of WACP Newsletter.

During the meeting, the name of the group was discussed, converting from the original name of membership committee, to the operational group to reflect more accurately the nature and function of the organisation. The purpose and function of the group was clarified and elaborated, namely: (a) to promote the awareness and visibility of the association to all interested international scholars and clinicians regarding the association's organisation and function; (b) to encourage colleagues of psychiatry, clinical psychology, cultural anthropology or other health-related fields who are interested in culture, mental health and cultural psychiatry to join the association as members working together to promote cultural psychiatry around the world; (c) to encourage interested colleagues to participate in the WACP world congress of cultural psychiatry, which is held every three years at different locations of the world, along with WACP supported or co-sponsored regional conferences of cultural psychiatry which may take place at different regions; (d) to encourage colleagues to visit the online WACP Newsletter, as well as contributing to the newsletter; (e) to encourage colleagues to visit the online WACP journal, namely: the World Cultural Psychiatry Research Review (WCPRR), and make any contributions to the journal if they wish.

Regarding the structure and selection of the members of the operational group, a total of about 15-25 members will be invited by the president (with approval from the board of directors) to serve as members of the group for the term until the next world congress takes place. The members will not be members of the board directors to ensure that more colleagues are able to be involved with the association's organization and function. In general, like the members of the board of directors, the members of the operational group will be appointed from various countries so that they will be representing various countries, geographic regions and cultural backgrounds.



Bye-laws: Attachment II Prof Wen-Shing Tseng

WACP bylaws are at :<http://www.waculturalpsychiatry.org/bylaws.htm>. *This attachment-II is proposed and approved by the members of the board of directors when the meeting was held in Norcia, Italy on 09-27-2009 during the second world congress. In addition to the original text in the Bylaws, the sections in italic are the added text for this Attachment-II.*

ATTACHMENTS-II TO THE BYLAW (09-27-2009)

This Attachment was prepared to serve as additional explanations or

clarifications of the Bylaws.

I. Officers

- B. The term for the President will be three years. After the termination of the Congress, the President-Elect will take over as the new President.

Regardless of which month the world congress is held on the third year, the term of president will be terminated on the last day of the world congress when the business meeting of association is held. His/her function will then be transferred to the president-elect.

- D. The President-Elect and the Secretary for the new term will be elected from the members of the Board of Directors by the newly assembled members of the Board of Directors at their business meeting that will take place just prior to the Congress.

However, with approval from the members of the board of directors, the president may choose to appoint the title of secretary to whom he/she can work closely with for effective assistance to him/her. The term of secretary will end when the term of president has ended. The secretary does not necessarily become the future president-elect although he/she can potentially be considered as one of the candidate(s) subject to nomination and voting by the members of the board of directors.

XII. Budget

The association's budget will be managed by the treasurer under close supervision of the president. The main source of income will come from the dues paid by the members. However, the association may seek donations from proper resources with approval from the board of directors.

The expenses of the budget will be managed by the president with assistance from the treasurer. In general, it is suggested that, for all of the collected dues (during the three year term served by the president) about 50% will be used to support the WCPRR project, 10% to support WACP newsletter project, 20% towards office expenses including the initial expenses for the world congress (such as the establishment of the congress website), and the remaining 20% to contribute to the basic fund of the association. This merely serves as a guideline subject to adjustment pending the approval from the board of directors.

The world congress budget will be managed separately from that of the association. This is particularly true if a particular organization will be asked to serve as the sponsoring organization for the congress. The sponsoring organization will be asked to take full responsibility in managing the congress' budget. If there is a positive balance, based on a pre-made agreement, half of the balance will be returned to the association to contribute to the basic fund of the association.

It is the treasurer's responsibility to make an annual report to the board of directors for their review and approval, and to present the overall report in the WACP Newsletter at the end of the three-year term.

XIII. World Cultural Psychiatry Research Review (WCPRR)

The online publication of the WCPRR is one of the major functions of the association. The chief-editor of the WCPRR will be appointed by the president and can be reappointed to maintain the long-term function of the WCPRR. The main office of the WCPRR will be determined by the chief-editor and may be the same location with the same staff to assure the continuity of the service.



World Association of Cultural Psychiatry Life Achievement Award Prof. W-S Tseng & Prof. G Bartocci

In 2007, the World Association of Cultural Psychiatry (WACP) established the Life Achievement Award. The idea is to recognize cultural psychiatrists from around the world who have devoted their lives to the field of cultural psychiatry with outstanding and unique professional achievements. It is not a monetary award but in recognition of excellence and an honour bestowed by the organisation.

The candidates to be considered for the Life Achievement Award will include colleagues worldwide with or without close connection to the WACP, even though those working closely with WACP may be more favourably considered. Normally, those considered candidates are above the age of 65. Their life long devotion and contribution to the field of cultural psychiatry will be the major consideration for the Life Achievement Award. Candidates' geographical and cultural backgrounds will be additional factors to be considered to ensure representation of all groups and nations.

The nomination committee will be chaired by the president, who will invite the president-elect, secretary, and four more members of the board of directors to serve as members to nominate and select the candidates for the award. The award can be issued each year, normally from one to three awardees as a maximum.

Brief Information of Awardees Recognized during the World Congress- II

Prof. Wolfgang Jilek (Canada) – retrospectively for the year of 2007. He is a Clinical Professor Emeritus of Psychiatry of the University of British Columbia. He has served as secretary of TSP/WPA from 1983 to 1993, and

was chair from 1993 to 1996. Currently he is one of the International Advisors for the WACP. He conducted research in many regions including: East Africa, South Pacific, South America and South Asia. Based on his studies he has made numerous publications with special contributions on the subjects of folk healing and culture-related specific syndromes.

Prof. Wolfgang Pfeiffer (Germany) – retrospectively for the year of 2008. He is one of the pioneers of cultural psychiatry, who paid particular attention to the mental health of immigrants even four decades ago. He chaired the German-Turkish Psychiatric Association's congress for three terms, and following Kraepelin's foot steps, travelled to Indonesia for his field study of cultural psychiatry. He served as Committee Member of TPS/WPA for nearly two decades from 1977 to 1993. Most significantly, he has published the first textbook of cultural psychiatry (in German) in 1994.

Prof. Masahisa Nishizono (Japan) – for the year of 2009. He is a Professor Emeritus at Fukuoka University. He is one of the leading psychiatrists in Japan, specializing in psychotherapy and cultural psychiatry and has devoted his life to promote cultural psychiatry in Japan. As a part of his cultural psychiatry work, he initiated the cultural psychiatry training program between Japan and Korea. Among numerous publications, he edited: "Psychotherapy in Japan, Asia, North America" (in Japanese, 1988) and co-edited: "Asian culture and psychotherapy" (2005).

Prof. David Kinzie (USA) – for the year of 2009. He is a Professor Emeritus of the Oregon Health Science University, and one of the committee members of the SSPC. He has devoted his life to cultural psychiatry, developed a refugee program for South Asians in Oregon, which, later the Intercultural Psychiatry Program expanded to provide service for refugees from around the world. Based on his unique clinical and service experience, he has become one of the experts in providing culture-relevant mental health care for refugees, and has published numerous publications helping us to understand the mental health impact of war trauma.

Prof. Fakhr El-Islam (Egypt) – for the year of 2009. He has been one of the core members of the committee of TSP/WPA for nearly two decades from 1977 to 1993; and a member of the board of directors of the WACP from 2005-2009. After his training in the UK, he taught psychiatry in Kuwait and later in Egypt. He has broad clinical and teaching experience on cultural psychiatry, culture and psychotherapy, and has numerous publications on these subjects. Most importantly, with his Muslim background, he represents cultural psychiatrists from the Mid-East, and has made significant contributions in the field of cultural psychiatry. Note: For year of 2007, Prof. Raymond Prince (Canada) and Prof. Takeo Doi (Japan) were awarded; and for 2008, Prof. Kwang-Il Kim (Korea) and Ajita Chakraborty (India) were awarded.

Meet Scholars in Cultural Psychiatry



Erminia Colucci, born 01/07/1976, Martina Franca (TA), Italy

I am a 33 years old woman from an Italian family that has been Italian for as long as we can recall (although my nose and skin suggests some middle-eastern influences). I was born in the South of Italy, in a hill village between the Adriatic Sea and the Ionian Sea, and I am the younger daughter (known as “piccola peste”, basically “the troublemaker”) of a hard-working artisan and a full-time mother.

Classical dance was my first passion, but I had to abandon this at the age of 10 because of an illness in which the therapy required me to abstain from intense physical activity. In that period, where I had to give up my ballet dancer dreams, I decided to become a theatre actress. After joining a TV-radio station (where I casually worked as a DJ in junior high-school) and taking my first steps in entertainment, I was offered the chance to be the protagonist in an important theatre play. However, I had to stop doing this because it took precious time from my study - my other “hobby”. At that point, in fact, I had matured a passion for Freud and Developmental Psychology, which led me to prepare a thesis on the sexual differentiations and gender stereotypes in children for the Diploma in Primary Education.

Being enrolled in a Catholic girl’s high school, this choice caused various troubles and I had to discuss the thesis without the consent of my supervisor. When I received maximum marks and positive feedback from the external committee that assessed my thesis, I decided two things: I was too rebellious for Catholicism or any other religion, declaring my pseudo-agnosticism and, following the suggestion of the academic who chaired the thesis discussion, I would not become a hairdresser or a physiotherapist, as my dad desired, nor work in arts (my child dream) but would keep studying (while cultivating my interest in arts). Given my passion for Child Psychology, I tricked my parents (using a quote from the Bible, which invites parents to allow children to follow their paths), and convinced them to let me enrol in Psychology at the

University of Padua, 1000 km from home. During my studies (which were supported by ESU scholarships), I developed an interest in Phenomenology, Constructivism and Symbolic Interactionism and, with disappointment, realized that suicide (which impacted on my family and myself in various ways during my childhood, adolescence and more recently) was not dealt with during my five-years course, apart from learning the diagnostic code in the DSM. Therefore, I had to find an external supervisor in the Department of Psychiatry in order to complete my Honours thesis on youth suicide. I joined the WHO Collaborating Centre in Padua and collected epidemiological data on youth suicide for international comparisons. This led to my commitment to understanding cultural aspects of suicide, which has been my main focus of research for several years, and remains my key interest in culture and mental health.

In 2001 I moved to Australia to train in research and Suicidology at the Australian Institute for Suicide Research and Prevention (AISRAP, Griffith University, Brisbane). I returned to Italy to work as a clinical psychologist, where I also obtained a Graduate Certificate in Data Analysis from University of Florence. In 2003 I was awarded the Australian International Post-graduate research scholarships (UQIPRS and IPRS). I recently (August 2008) completed a DPhil (Cultural Psychiatry) at The University of Queensland, School of Medicine, Dep. of Psychiatry, under the supervision of Ass. Prof. H. Minas (The University of Melbourne), Prof. A. Marsella (University of Hawaii) and Ass. Prof. R. Schweitzer (Queensland University of Technology). My PhD project "The cultural meaning of suicide: A comparison between Australian, Indian and Italian students" was awarded the 2004 UQ Travel Award and the 2005 Dr Helen Row-Zonta Memorial Prize. For the first two years of my PhD, I held a part-time research position with The University of Queensland (Department of Psychiatry) to work on spirituality and suicide. For the last year of my PhD I have also been a Research Fellow with the Centre for the International Mental Health (CIMH), in the School of Population Health (The University of Melbourne) and a tutor for medical students. I also give lectures on suicide in different cultures and qualitative research methods. In particular, I held a series of seminars on youth suicide in Italy for the University of Padua (Faculty of Psychology), where I also supervise Honours and Master students and trainees in research. I am a guest researcher at Kansai University of International Studies (Japan), where I was a guest lecturer in 2008-2009.

Last month I won the Emerging Research LIFE award 2009 -"an acknowledgment for research of an excellent standard within suicide prevention", which made me very happy because my research is definitely not mainstream and, somehow, this award made me feel that all my efforts to keep following my path might be going towards a good direction (a reassuring thought when you are a motivated and determined young researcher... but have to pay your bills!).

In the Centre for International Mental Health (The University of Melbourne) where I have been a Research fellow/research program coordinator for more than 3 years, I am the PI for six projects:

- 1) Development of guidelines for how a member of the public should provide first aid to a person who is suicidal (Suicide First Aid). The guidelines are being developed using a Delphi process, which is based on expert consensus. Separate panels of 25-30 experts have been formed in India, Japan, and the Philippines to develop guidelines that are appropriate to each of these countries.
- 2) Three initiatives related to mental health research and policy for young people of refugee background: (a) A study of established practitioners' beliefs, based on their experience, about 'what works' and does not work in providing effective mental health services to young people from refugee backgrounds. b) The development of a research agenda on issues relating to

mental health of refugee youth research agenda through a review of relevant research literature and a Delphi consensus study. c) A roundtable discussion with participation of refugee young people, service providers, academics and government/s.

- 3) Development of suicide prevention program in Haridwar, India. In collaboration with academics from the Dev Sanskriti University (D.S.V.V.), Haridwar, Uttar Pradesh, India. This project aims to better understand the attitudes, opinions and meanings of suicide and the expression and value of spirituality/religion in a North Indian village. I have also used film and photography to document her experiences in D.S.V.V. psycho-spiritual clinic.
- 4) Needs' assessment of Indian women living in Melbourne who experience domestic violence and violation of their human rights. If funding permits, we will develop a new women's service and improve existing services.
- 5) Book editor and curator of an exhibition on "Understanding suicide from artists' eyes" in collaboration with Australian artists who have personally experienced suicide.
- 6) Needs' assessment of young Indian students who migrated in Australia and accessed legal services.

For more information about my studies please follow these links:
<http://www.dph.unimelb.edu.au/about/allstaff/colucci> and
<http://www.cimh.unimelb.edu.au/research/research/researchproj>

I have presented my research on the cultural aspects of suicide, spirituality and meaning in life, using qualitative and arts-based methods (my main interests and expertise) at national and international conferences (e.g. IASP in Durban and Killarney-Ireland, AAS in Seattle, WPA-TPS in Wien, IIQM in Gold Coast-Australia)> I have written a number of articles and book chapters on the same topics.

So far, this year has been great with regards to presentations: in June 2009 I was invited by UN to hold a technical workshop on youth suicide for UNICEF Adolescent Development and Participation meeting (UNICEF Asia-Pacific Region, Bangkok) and in September I was an invited guest for the World Suicide Prevention day in Italy and Australia. But the most important recent event for me has been the WACP congress in Norcia. There, for the first time, I have been the chair and co-chair of two symposia. I also organized a small photographic exhibition where Hans Roholf, Ikali Karvinen and myself showed some photos from our fieldworks respectively in Morocco, Kenya and India. I also helped 'to get' Mic Eales' installation *Too few ladders* in the conference.

The exhibition and the collaboration with Mic were important to mention because they frame my future inspirations and dreams. Let's start with Mic. In the February 2008, Mic Eales, an Australian visual artist, contacted me to discuss his Honors project, *Too few Ladders* that consisted of an art installation on the personal, social and cultural ramifications of suicide. It was in that occasion that we discovered a common passion toward arts, suicide prevention, spirituality and culture/ethnicity. Since then we held seminar/workshops on his use of visual arts and installations around a specific case study: Mic's own experience as a suicide survivor. We are currently looking for funds (I wish they looked for me once!) to edit a book and organize an exhibition that will be titled "Understanding Suicide Through the Eyes of an Artist". The encounter with Mic was fundamental in "waking up" my passion and talents in the arts (I have "experimented" with a few of them until now) and reinforced my desire to work in the community, with the community, for the community. The photography exhibition, and the trailer of the documentary I shot and co-edited during my last two fieldtrips to North India "Haridwar: A spiritual journey" (which I showed in one of the symposium), represented the "place" where I

want to situate myself in the years to come.

My dream of using arts-based methods, particularly photo- and video-documentary, in my research, prevention and advocacy works in cultural mental health is starting to become more real. I have been accepted to enroll in a Master in Visual Anthropology (Ethnographic Documentary) in what is considered to be one of the best schools in the field (Granada Centre for Visual Anthropology, University of Manchester). I will start the MA next September and, although going back to study is a bit scary (i.e. paying instead of earning). I am very excited about it. When the admission committee accepted my application among many others factors, they did so because they were curious and intrigued by my intention to apply the anthropological visual research methods to cultural issues in mental health and issues such as spirituality and health, women's right and suicide. I am intrigued and curious too about how my path is going to unfold and which direction my life will take from then on. Please contact me on ecolucci@unimelb.edu.au if you also are curious to know or have any suggestion to give me.