



World Association of Cultural Psychiatry Newsletter

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News about Future Meetings

First International Congress of GLADET

Guadalajara, Mexico, April, 2008

At the beautiful city of Guadalajara, Jalisco, México the First International Congress will take place on April 17-20, 2008. The congress is organized locally by the GLADET (Grupo Latino Americano de Estudios Transculturales, A. C.) with the theme of: "Psychiatry, nature and culture – from singular to universal." The TPS-WPA and the WACP as well as APAL (*Asociación psiquiátrica de América Latina*) will be the cosponsoring organizations. Prof. Sergio J. Villaseñor Bayardo is the key person for organizing the congress. Please visit the congress website at: www.gladet.org.mx for the detail.

For the scientific program, it is planned to have plenary sessions, to focus on subjects such as: "Transcultural psychiatry in Latin America," "*Susto* and *ataques de nervios*: What kind of culture-related specific psychiatric syndrome they are?" and "Cultural case formulation." Also, there will be more than 20 topic symposia, mostly focusing on cultural psychiatry relating to Latino culture. Colleagues interested in making proposal for topic symposium, please contact Prof. Sergio J. Villaseñor Bayardo by his email address at: sjavier@cucs.udg.mx

News about Future Meetings

The 5th World Congress for Psychotherapy

Beijing, China October, 2008

Under the auspices of the World Council for Psychotherapy the 5th World Congress for Psychotherapy will take place in Beijing, China, on October 12-15, 2008. The Congress will be organized by China Association for Mental Health, Chinese Psychological Society, and Department of Psychology of Peking University. Professor Mingyi Qian and Alfred Pritz will be the Congress President(s). For more information please visit the congress website at: www.wcp2008.org or contact the Secretariat by email of: wcp2008@psych.cn. The Congress will invite internationally renowned psychotherapists as keynote speakers and state-of-the-art lecturers, representing different fields of psychotherapy, counselling and related disciplines.

Many topics symposia relating to the subject of culture and psychotherapy are expected to take place to facilitate the exchange of knowledge and experiences between East and West.

Additions to the Library Shelf

Cultural Competence in Forensic Mental Health: A Guide for Psychiatrist, Psychologists, and Attorney

-- by Wen-Shing Tseng, Daryl Matthews, and Todd Elwyn

Brunner-Routledge, 2004, 322 pages

How to carry out culturally relevant and competent psychiatry practice is a common knowledge nowadays. As an extension of this, how to perform cultural competent forensic psychiatry is a newly developed awareness and insight, and advanced requirement in the modern society which emphasize the basic human right gearing toward the need of people of diversified ethnic and cultural background. Despite of this, books addressing this topic are almost none. The book, *Cultural Competency in Forensic Psychiatry*, is published with intention to fill up this vacancy for scholars, clinicians, and practitioners of various disciplines involved in forensic psychiatry and the law.

The book is written as joint collaboration of three authors --- one (Tseng) is specialized in cultural psychiatry, another (Matthews) in forensic psychiatry, and the third (Elwyn) with background as attorney and psychiatry. By combining their expertise, they are able to develop and create a new body of knowledge and experiences addressing the issue of cultural aspects of forensic psychiatry. With the advantage of being written by authors who share their clinical and teaching work in the same department, they have worked very closely with carefully planned content and theme of the book, as well as a well organized structure to seek for the integration of the book as a whole.

The book composes twelve chapters. It begins by chapter 1 with the introduction to culture and forensic psychiatry. Chapter 2 and 3 address the basic issues relating to the culturally relevant assessment and evaluation of cases from clinical perspectives and psychological measurement respectively. Then, in chapter 4 and 5 review various psychiatric disorders and psychological problems in the forensic context and from cultural perspectives. This is followed by chapter 6 for intensive analysis and discussion of how to perform forensic psychiatric practice in various areas in a culturally relevant and competent ways. This includes the assessment of competency, insanity, expert testimony and working with attorneys on cultural issues. In chapter 7 and 8 review was made comprehensively on criminal and civil law issues from cultural perspectives. Then, cultural analysis of forensic cases was carried out in chapter 9 to illustrate how to apply cultural knowledge and experiences appropriately for actual work. In chapter 10 cultural considerations for care and treatment in correctional psychiatry was elaborated. Finally, it ends with the closure with basic suggestions for the future.

The material is derived primarily from the situation in the United States, but, as much possible, it also refers to various cultural settings around the world, so that the subjects are examined broadly from an universal as well as cross-cultural perspectives. Therefore, even though the book is aimed primarily for American readers but it will be useful for readers around the world as well.

Ethics, Culture, and Psychiatry: International Perspectives

**-- Edited by Ahmed Okasha, Julio Arboleda-Flórez, Norman Sartorius
American Psychiatric Press, Inc. (2000). 227 pages.**

As stated by the editors in the Preface, the idea of the book was born during a meeting with the leaders of the American Psychiatric Association (APA), the American Psychiatric Press, Inc. (APPI), and the Ethic Committee of the World Psychiatric Association (WPA). The group discussed how best to promote the use of the Declaration of Madrid, a consensus document adopted in 1996 by the General Assembly of the WPA. There was realization that it is possible to formulate a set of principles that will be valid for all psychiatrists, regardless of the cultures to which they belong, yet, there are many sets of ethical principles as there are cultures.

The book is edited basing on this idea. After the initial introduction of “Ethics and the societies of the world” by Norman Sartorius, there are nine chapters addressing the situation in different cultures, countries or regions. Namely: Arab culture (by Ahmed Okasha), Latin America (by Julio Arboleda-Flórez and David Weisstub), West Mediteranea (by Juan López-Ibor, jr. and Dolores Crespo), Scandinavian (by Marianned Kastrup), United States (by Reenato Alarcon), Sub-Saharan Africa (by Michael Olatawura), India (by Srinivasa Murthy), China (by Xiehe Liu), and Japan (by Yoshibumi Nakane and Mark Radford). The book ended by three chapters on overarching issues, namely: incompetent patients (by Hanfried Helmchen), informed consent (by Jochen Vollmann), and an international perspective on mental health law reform (by David Weisstub and Julio Arboleda-Flórez).

Get Acquainted with Our Members

Dr. Iqbal “Ike” Ahmed (Honolulu, USA)



I was born and raised in India, primarily in Bangalore. I went to medical school at St. John’s Medical College and subsequently immigrated to the United States of America. I did my residency in General Psychiatry at the Nebraska Psychiatric Institute and the University of Nebraska Medical Center. During my residency I took time to go to London and get training at Guy’s and Maudsley Hospitals. I then completed a Fellowship in Consultation/Liaison Psychiatry and Psychosomatic Medicine at Boston City Hospital and Boston University School of Medicine. I subsequently became a faculty member at Boston University and Tufts University Schools of Medicine. I then left Boston and joined the John A. Burns School of Medicine in Honolulu, Hawaii where I am a Professor of Psychiatry. It was here in the multi-ethnic societies, I develop my interest in cultural psychiatry.

I am board certified in General Psychiatry, Geriatric Psychiatry, Psychosomatic Medicine, and also have certificates in Clinical Psychopharmacology and Neuropsychiatry. I was also certified in England as a Member of the Royal College Psychiatrists, and subsequently elected as a Fellow by the College.

I am currently a Distinguished Fellow of the American Psychiatric Association, and a Member of the American College of Psychiatrists. I am a member, and the former Chair of the Ethnic Minority Elderly Committee of the American Psychiatric Association. While I am primarily a clinician-educator, I have researched and published in the areas of Cultural Psychiatry, Geriatric Psychiatry, Consultation/Liaison Psychiatry, Neuropsychiatry, and Psychopharmacology.

Get Acquainted with Our Members

Dr. Haroon Rashid Chaudhry (Lahore, Pakistan)

I graduated from King Edward Medical College of Lahore-Pakistan in 1980, obtained Diplomate Austrian Board in Psychiatry & Neurology (FACHARZT) in 1985, became Fellow of American College of Physicians (FACP) in 1992, and received Diploma in Psychiatric Practice (DPP) UK in 1998. Later, I was awarded Membership of the Royal College of Psychiatrists (MRCPSYCH) (London) in 2003 and Fellowship of Royal College of Physicians (FRCP) (Ireland) in 2007, and received APA Fellowship in 2007.

Currently I am working as Professor & Head of Psychiatry Department, Fatima Jinnah Medical College & Sir Ganga Ram Hospital, Lahore, since June 2001, holding the post of Honorary Executive Director, Fountain House, Lahore, Pakistan since 2000, which is the largest rehabilitation centre for chronic psychiatric patients in Asia. I serve as the Zonal Representative of World Psychiatric Association since 2002, and also President Elect of Pakistan Psychiatric Society since 2006.

During my 26 years professional career, my research work spans the entire breadth of psychiatry ranging from biological psychiatry, psychopharmacology, transcultural psychiatry, neuropsychiatry, community psychiatry, history of psychiatry and phenomenology. It resulted in more than 110 research publications in national and international journals. I am author of seven books related to mental health, and edited a book entitle: *Spiritual and Mental Health*.

I got interested in cultural psychiatry after my initial work with department of psychiatry, University of Vienna and published studies on comparison of serum level monitoring of haloperidol among Austrian and Pakistani patients. Later on I did various projects addressing season of birth, birth order and content of delusion among Pakistani and Austrian patients. In addition, presentation of OCD in two cultures was also studied.



Get Acquainted with Our Members

Dr. Jon Streltzer (Honolulu, USA)

I am a professor of psychiatry at the University of Hawaii School of Medicine, where I was training director from 1982-1996. A graduate of Yale University (B.A., philosophy) and the University of Colorado School of Medicine, I did a medicine internship at Queen's Hospital, Honolulu, and my psychiatry residency at Yale University School of Medicine. I am certified by the American Board of Psychiatry and Neurology in general psychiatry, addiction psychiatry, and pain management. I am Distinguished Life Fellow of American Psychiatry Association since 2007.



A consultation-liaison psychiatrist, I am a President-Elect of the International College of Psychosomatic Medicine. I was Treasurer of the World Association of Cultural Psychiatry from 2005-2007. I have been Chair of the Chronic Pain Task Force of the American Academy of Addiction Psychiatry and am currently Co-Chair of the Controversial Issues Committee. I am a member of the Pain Medicine Board Examination Committee of the American Board of Anesthesiologists, the representative of ABPN. I have been on the editorial board of the International Journal of Psychiatry in Medicine, and am a reviewer for several journals.

I have published widely in areas of psychosomatic medicine, pain, and cultural psychiatry. I am a frequent presenter at national and international conferences. Working with Wen-Shing Tseng, M.D., I have coedited three books: *Culture and Psychopathology* (Brunner/Mazel, 1997), *Culture and Psychotherapy* (American Psychiatric Press, 2001), and *Cultural Competence in Clinical Psychiatry* (American Psychiatric Publishing Inc, 2004), and coauthored one book: *Cultural Competence in Health Care* (Springer, scheduled for 2008). Working with Hoyle Leigh, M.D., I have authored the book, *Handbook of Consultation-Liaison Psychiatry* (Springer, 2007).

Get Acquainted with Our Members

Dr. Jung-Kwang Wen (Taiwan)



I graduated from the Medical College of National Taiwan University (NTU), and had post-graduate residency training at Department of Psychiatry, NTU Hospital, and subspecialty training on cultural psychiatry and medical anthropology at East-West Center, Honolulu, and Department of anthropology, Harvard University.

I have been the superintendent of Tysr-Huey Mental Hospital since 2005, which is a private medium-sized teaching psychiatric center in Southern Taiwan. Currently I am also a clinical professor for the Institute of Human Sexology, Sue-Te University, and Clinical Professor, School of Medicine, Chang Gung University.

My major academic interests are psychotherapy, psychosexual medicine, and cultural psychiatry. I was the founding president for Taiwan Association for Psychotherapy (2001-2004), and the president for Taiwan Association for Sexuality Education (1991-2001). As for my clinical research, I am looking at the indigenization and integration of the theoretical models of interpersonal psychotherapy and Chinese Guanxi (Relationship) theories for patients with mental disorders.